Caring for the Community since 1835

## Bereavement Counselling Service



### Bereavement Counselling Returns to Quay House in 2024

Perry & Phillips Funeral Directors are delighted to announce the resumption of their highly regarded bereavement counselling sessions at their Quay House facility in Bridgnorth. After a hiatus due to the pandemic, the funeral home is reinstating these crucial sessions to provide much-needed support to those navigating the difficult journey of grief.

The new group bereavement sessions will be held over a 3 month period, with 1 session per month, to offer continuity of support during the changing journey of grief. People are encouraged to attend all 3 sessions to maximise the benefit of this supportive and safe space in which they can be heard, share thoughts and feelings to the point they feel comfortable to, or to just simply listen and receive information and strategies to help them through this difficult time. The sessions will take place monthly on a Tuesday, running from 2:30 pm to 4:00 pm.

To book your place on the next 3 session counselling programme and connect with Bereavement Counsellor Jen Brown, individuals are encouraged to reach out to Perry & Phillips.

They can be contacted at 01746 765255 or via email at enquiries@perryandphillipsfunerals.com. The scheduled dates for the sessions are as follows:

#### **SESSION 1:**

- Tuesday, 13th February
- Tuesday, 12th March
- Tuesday, 16th April

#### **SESSION 2:**

- Tuesday, 14th May
- Tuesday, 11th June
- Tuesday, 9th July

#### **SESSION 3:**

- Tuesday, 13th August
- Tuesday, 17th September
- Tuesday, 15th October

#### **SESSION 4:**

- Tuesday, 12th November
- Tuesday, 10th December
- Tuesday, 14th January

Perry & Phillips Funeral Directors are committed to providing a safe and supportive space for individuals to navigate the challenging path of grief. The return of these in-person sessions marks a significant step forward in their ongoing mission to assist the community during times of loss.

#### **Bridgnorth Office** and Chapels of Rest:

4 Underhill Street, Bridgnorth Shropshire, WV16 4BB Tel: 01746 765255 Fax: 01746 767861

#### **Highley Office** and Chapels of Rest:

Cowley House, High Street Highley, Nr. Bridgnorth Shropshire, WV16 6LF Tel: 01746 862225

#### **Cleobury Mortimer Office** and Chapels of Rest:

Mortimer House, 18 Church Street Cleobury Mortimer, Nr. Kidderminster South Shropshire, DY14 8BX Tel: 01299 661755



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E: enquiries@perryandphillipsfunerals.com www.perryandphillipsfunerals.com



**Jen Brown** is registered with BACP, CNHC & UKRF, and a Bupa Registered MHW Therapist, registered on the Healthcode Private Practice Register and approved by AXA PPP Healthcare, Vitality Health, Allianz Worldwide Healthcare and Healix Health Services.

Jen has full indemnity insurance, is CRB/DBS checked and prides herself on offering a bespoke, professional and ethical service.

Jen is also registered with ICO, please see her website for an updated copy of her Data Protection and Privacy Policy.

The counselling services that Jen offers are either weekly supportive private chats or monthly group sessions.

For further information please see her website: www.stepbystepcounselling.co.uk